

Opioid Impacts On Health & Wellbeing

Southeast Rural Opioid Technical Assistance Regional Center

Physical Impacts

Sedation & Cognitive Dysfunction



Dry Mouth & Tooth Decay



Dependence & Tolerance



Respiratory Depression



Nausea & Constipation



Hepatitis & Low Immune Response



Vein Collapse



Overdose & Death



Increased Sensitivity To Pain



Mental Health Impacts



Difficulty Concentrating



Sadness & Depression



Insomnia & Sleep Issues



Mood Swings



Higher risk for suicide



Anxiety



Loss Of Interest



Irritability



Isolation & Loneliness









The Unseen Impacts On Children

Southeast Rural Opioid Technical Assistance Regional Center

A Growing Crisis



75% MORE

opioid-related deaths nationwide from 2015-2020



8.7 MILLION CHILDREN

nationwide have a caregiver who suffers from a substance use disorder



1 IN 4 high school seniors have some lifetime exposure to opioids



Suicide is the **3rd** leading cause of death in youth ages 10-24 & in **20%** of deaths by suicide opiates were present



47% of child poisoning deaths involved opioids as the poisoning agent in children aged 5 years & younger



77% of teen overdose deaths were associated with Fentanyl

A Devastating Toll on Children



Every 25 minutes in America, a baby is born suffering from opioid withdrawal, which can mean:

- 1. Lower Birthweights
- 2. Respiratory Conditions
- 3. Feeding Difficulties
- 4. Seizures
- 5. Longer Hospital Stays

A Lifelong Impact

Children dealing with traumatic experiences can face social, emotional, physical, and mental health challenges that last into adulthood

Left unaddressed, early childhood adversity can lead to school failure, risky behaviors like alcohol and drug use, & increased chance of health conditions like obesity & heart disease

