

SAMHSA Snapshot: Current and Future Support for Harm Reduction

Michael King, PhD, MSW
Regional Director

Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

Opioid Use Disorder & Rural Resiliency Symposium
Florida State University
Tallahassee, Florida
March 30-31, 2023



SAMHSA
Substance Abuse and Mental Health
Services Administration





NAME

SUN
LOTION

SPF 50

UVA+UVB FILTER
Ultraviolet filter: 30, 100,
concentration adjusting the
Maximum time capillary
Kissed & kissed with
the sun

200 ml



**SPEED
LIMIT
55**



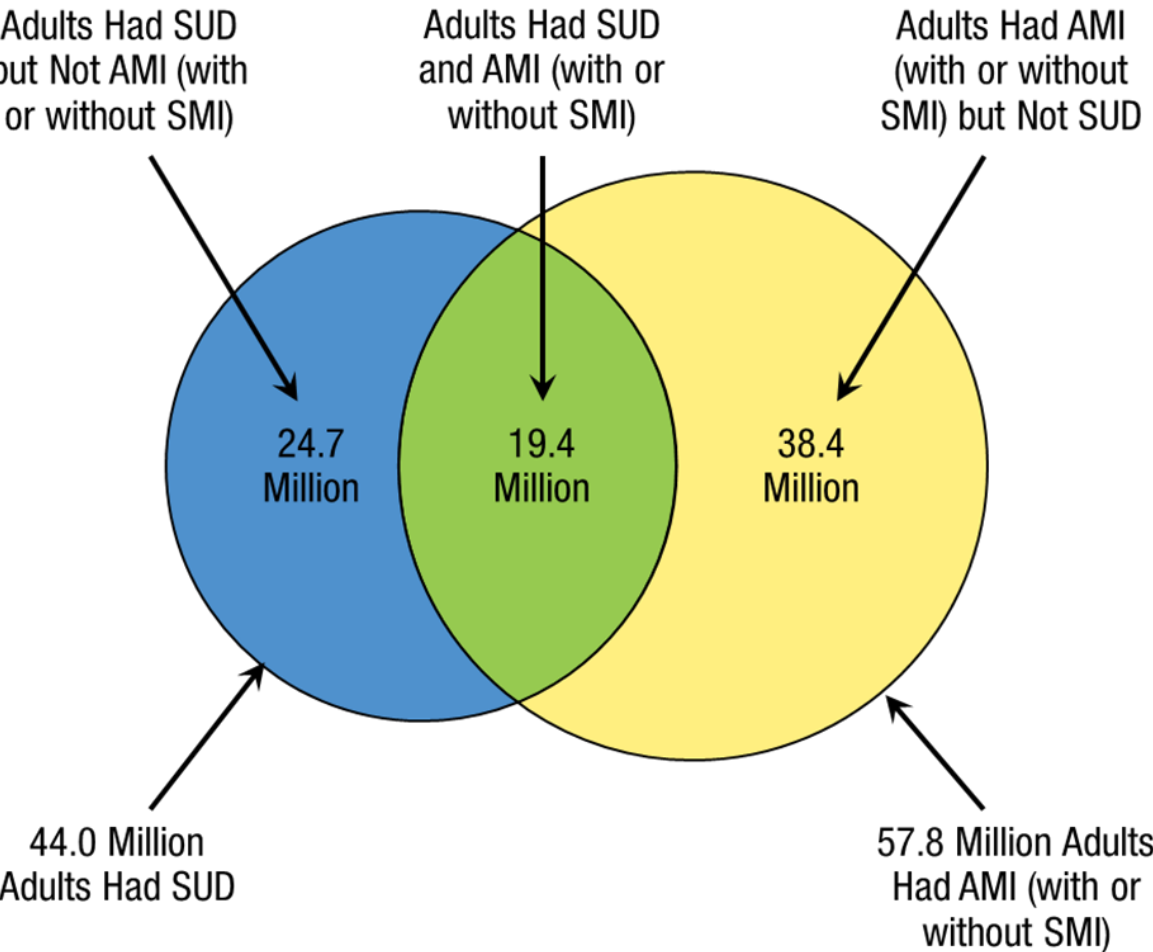




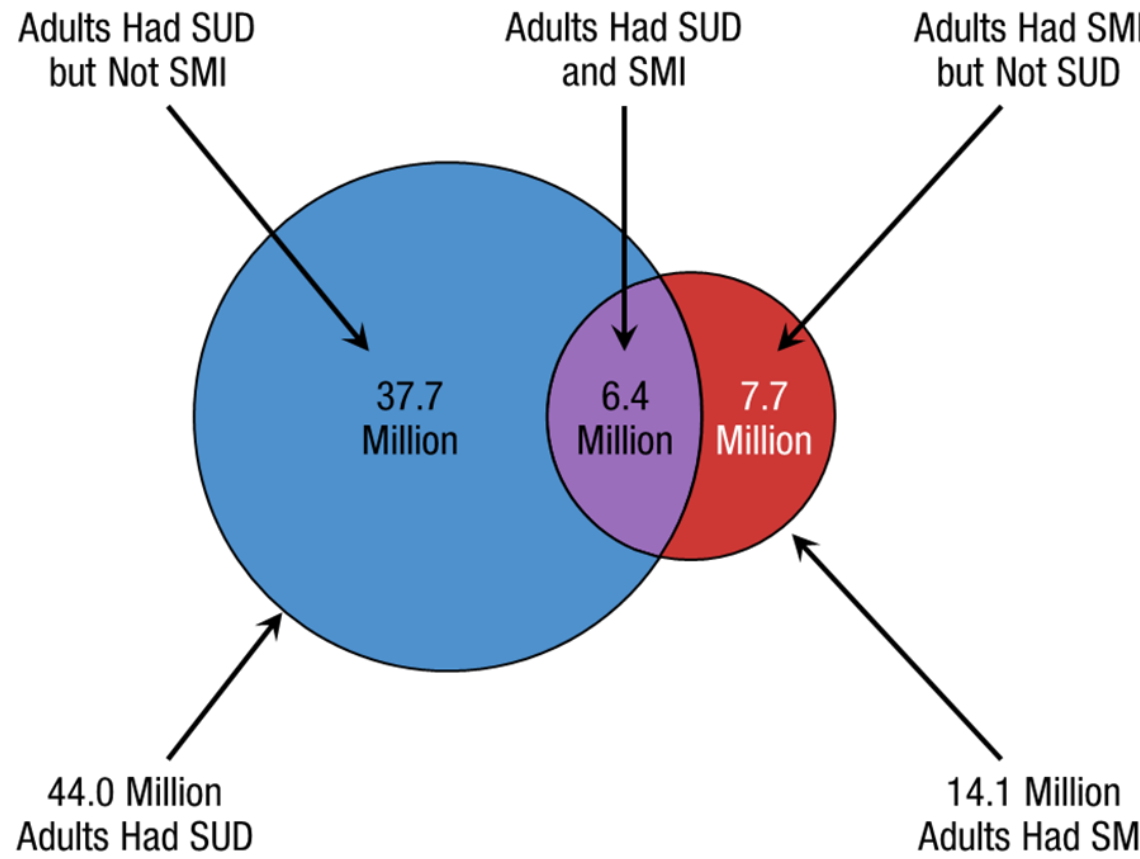




Past Year Substance Use Disorder (SUD), Any Mental Illness (AMI), and Serious Mental Illness (SMI): Among Adults Aged 18 or Older; 2021



82.5 Million Adults Had Either SUD or AMI (with or without SMI)

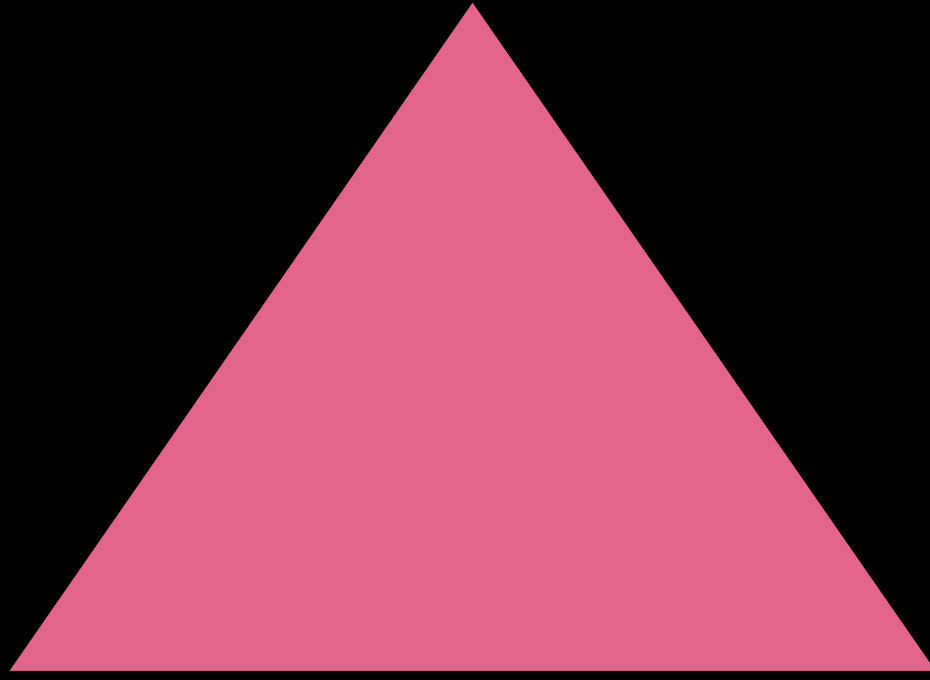


51.7 Million Adults Had Either SUD or SMI

THE OPIOID CRISIS AND
THE BLACK/AFRICAN AMERICAN
POPULATION: **AN URGENT ISSUE**



“Three decades ago, when opioids and crack cocaine were devastating Black/African American communities, the national response was “The War on Drugs.” This resulted in widespread incarceration of drug users and disruption of primarily Black/African American families and communities. This population was criminalized for drug-related offenses at much higher rates than White Americans and this has had lasting effects through the present day.”



HARM REDUCTION = LIFE

WHAT?



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Substance Abuse and Mental Health
Services Administration

What is Harm Reduction?



*SAMHSA defines harm reduction as a practical and transformative approach that incorporates community-driven public health strategies—including prevention, risk reduction, and health promotion—to empower PWUD and their families with the choice to live healthy, self-directed, and purpose-filled lives. **Harm reduction centers the lived and living experience of PWUD, especially those in underserved communities, in these strategies and the practices that flow from them.***

Meet people where they are; but don't leave them there.

CORE PRACTICES

For Harm Reduction



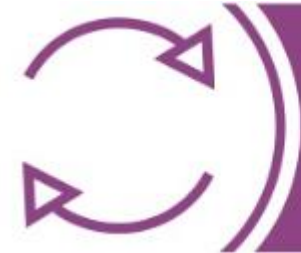
Safer Practices

**Safer
Transitions**



Safer Settings

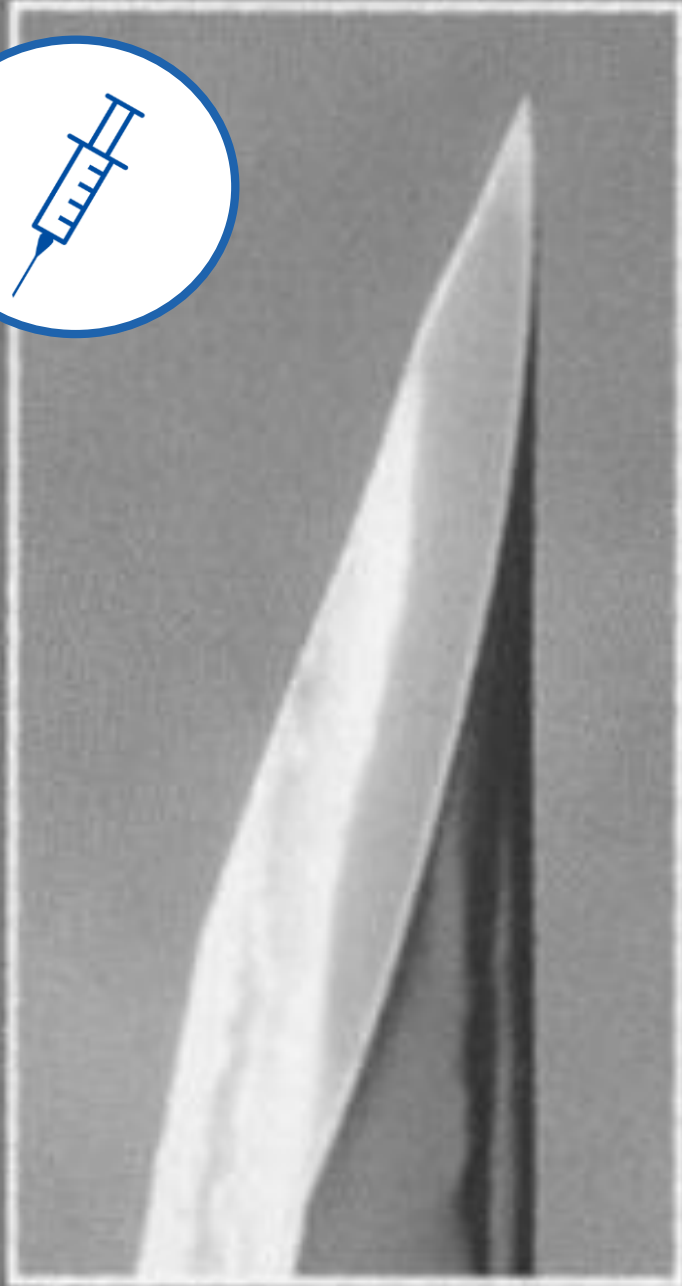
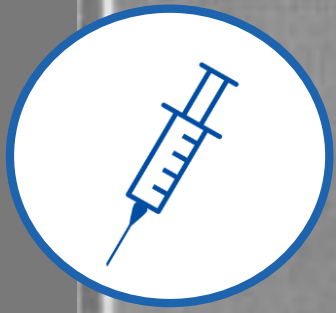
**Sustainable
Infrastructure**



Safer Access

**Sustainable
Workforce**





BEFORE USE



AFTER 1 USE



AFTER 6 USES



4 mg
140621
A1014 01

NARCAN
(naloxone HCl)

NASAL SPRAY

FOR USE IN THE NOSE ONLY
NDC 69547-353-02





Methadone

Daily liquid
or tablet



Dolophine[®], Methadose[®]
Generics available

Naltrexone

Monthly Injection



Vivitrol[®]

Buprenorphine

Daily tablet
Monthly injection



Sublocade[®]
Generic tablets available

Buprenorphine/ Naloxone

Daily film under the
tongue or tablet



Zubsolv[®], Suboxone[®]
Generics available

Expanding Access to and Use of Behavioral Health Services for People Experiencing Homelessness

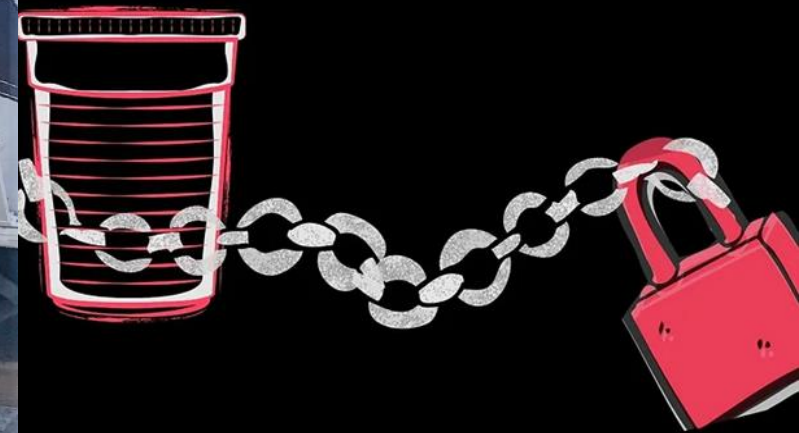


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Services Administration





*#Free the
Methadone!*





Medications for Substance Use Disorders

Removal of DATA Waiver Requirement

Medications, Counseling, and Related Conditions

Find Treatment

Provider Support Services

Pharmacist Verification of Buprenorphine Providers

Become an Accredited and Certified Opioid Treatment Program (OTP)

OTP Resources and Information

State Opioid Treatment Authority (SOTA)

Statutes, Regulations, and Guidelines

Training Materials and Resources

About SAMHSA's Division of

Find Treatment

There are many treatment options available for substance use disorders.

Medications for Substance Use Disorder Treatment Services Locators

[Buprenorphine Practitioner Locator](#) – This is a listing of practitioners by state who have been treating opioid use disorders such as prescription pain medications and heroin.

[Opioid Treatment Program Directory](#) – find treatment programs accredited to treat opioid use disorders such as prescription pain medications and heroin by state.

Substance Use Disorder Treatment Services Locators

[FindTreatment.gov](#) – this locator provides information on state-licensed providers who specialize in treating substance use disorders and mental illness.

[SAMHSA's National Helpline](#) – provides 24-hour, free, and confidential mental and substance use disorder information and treatment referral in English and Spanish. Call [1-800-662-HELP](#) (4357) or TTY: [1-800-487-4889](#) or text your zip code to [435748](#) (HELP4U)..

Find additional [treatment and support](#) options.

Medications to Treat OPIOID ADDICTION

[Methadone](#)

[Naltrexone](#)

[Buprenorphine](#)

OPIOID TREATMENT PROGRAM DIRECTORY

Medication for OPIOID OVERDOSE Naloxone

Buprenorphine Waiver Contacts

For information on buprenorphine waiver, contact the SAMHSA Center for Substance Abuse Treatment (CSAT) at 866-



Use of Medication-Assisted Treatment in Emergency Departments

Emergency
→

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Substance Abuse and Mental Health
Services Administration

TN Department of
**Mental Health &
Substance Abuse Services**

Tennessee Recovery Navigators

FY22 Annual Report

Tennessee Department of Mental Health & Substance Abuse Services

September 2022





CONVERSATIONS



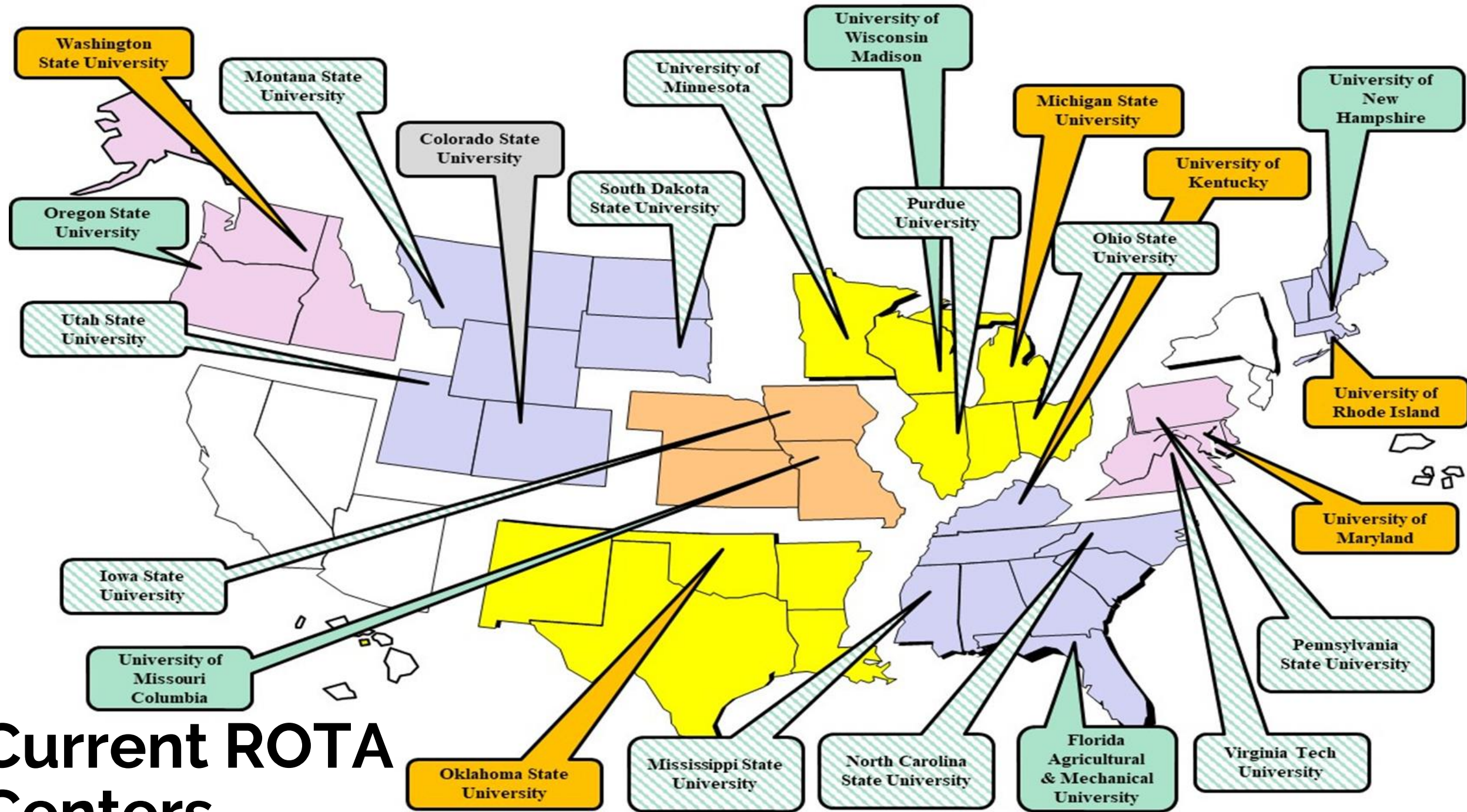
Community Health Center, Inc.

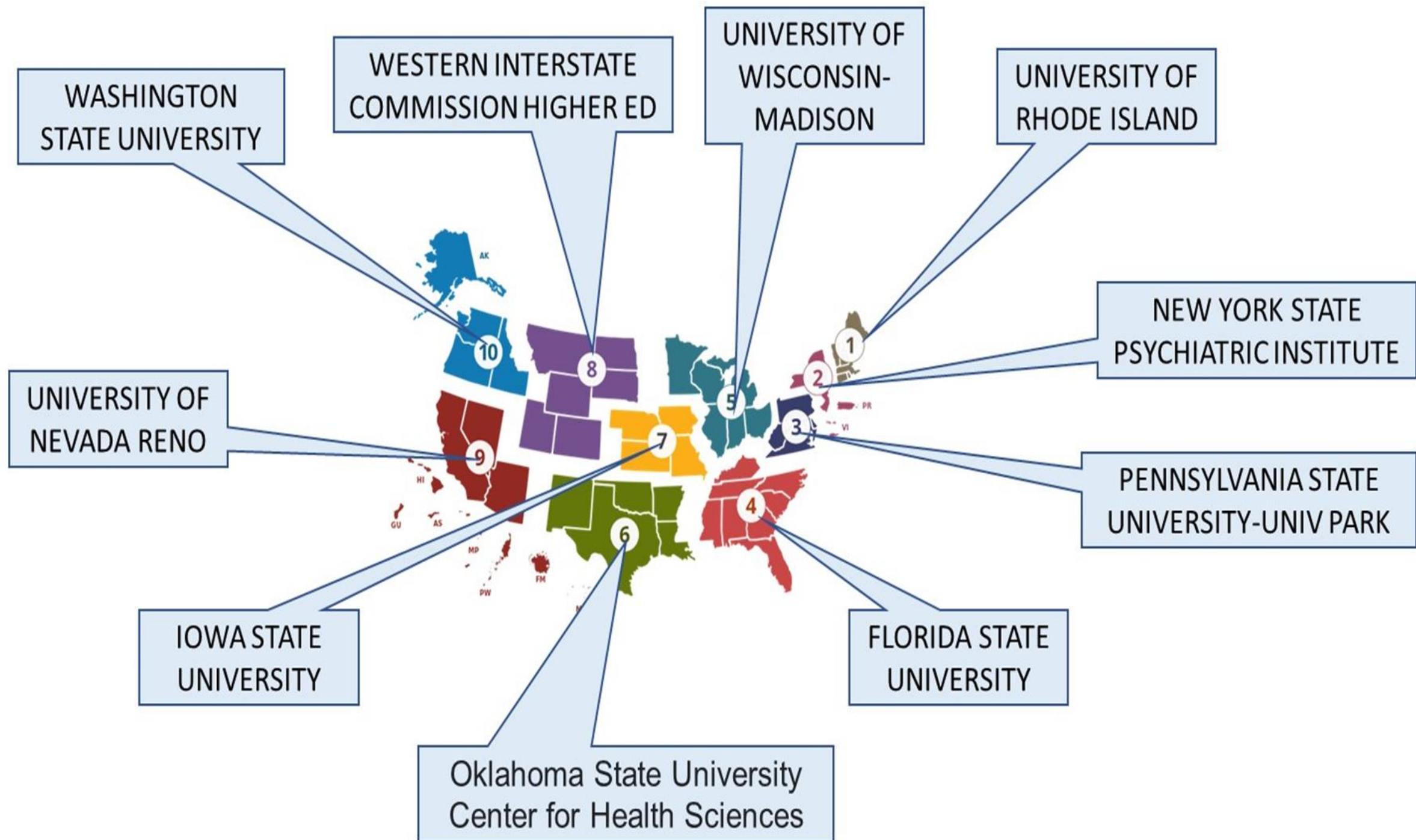
This Week's Guest:

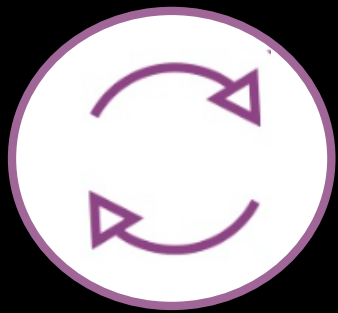
Tom Coderre

Acting Deputy Assistant Secretary for
Mental Health and Substance Use,
SAMHSA

<https://www.youtube.com/watch?v=b4sNEf77s3U>







Florida Harm Reduction Collective

www.flhrc.org



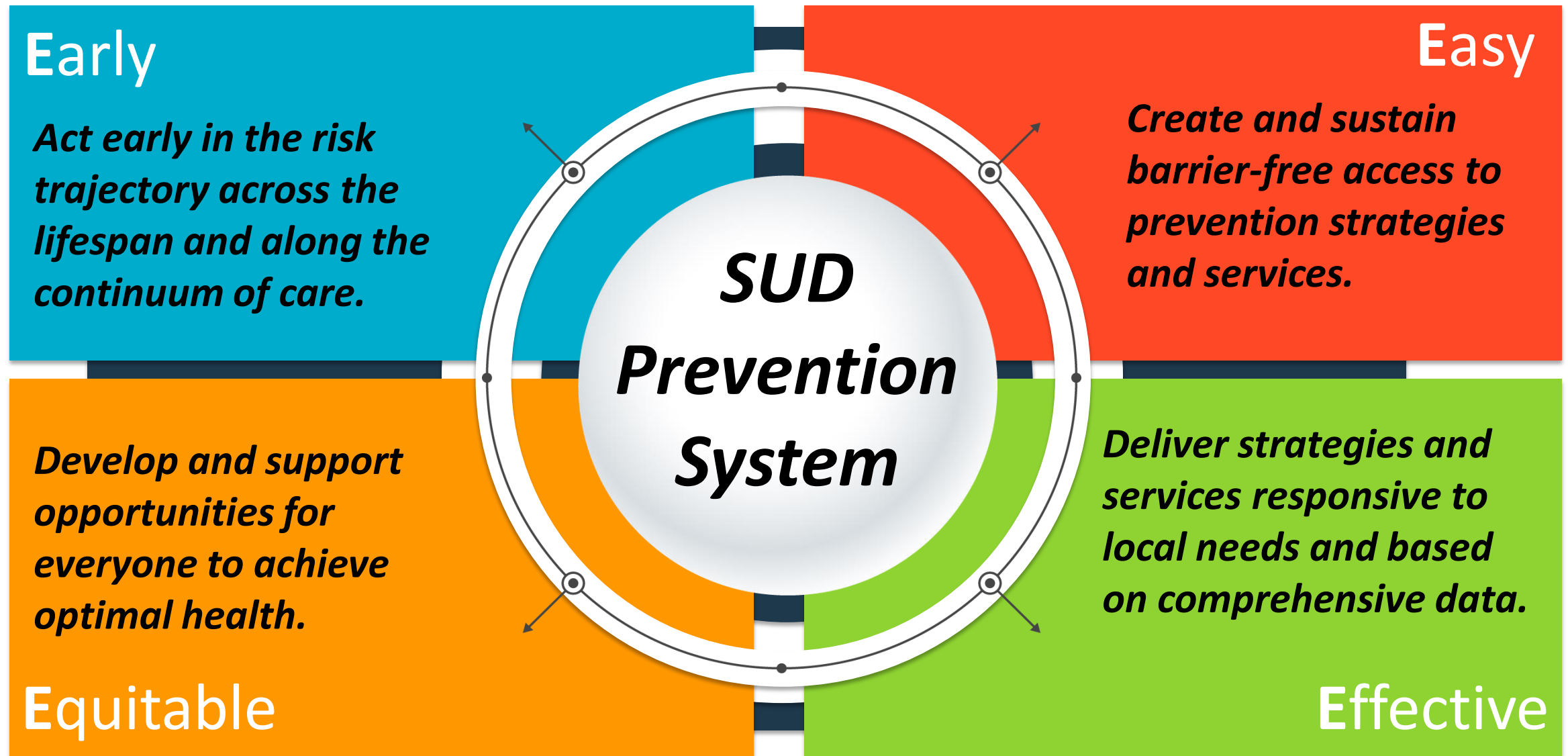


SO WHAT?



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Services Administration

The 4 Elements (4Es) of a Modern Prevention System



How SAMHSA Supports Harm Reduction



Harm Reduction Grant Program

25 grants up to \$400,000 awarded to States; local, Tribal, and territorial governments; Tribal organizations; non-profit community-based organizations; and primary and behavioral health organizations.

<https://www.samhsa.gov/grants/grant-announcements/sp-22-001>

Harm Reduction Grant Activities

Purchase equipment and supplies to enhance harm reduction efforts, such as:

- Harm reduction vending machine(s), including stock for machines;
- Medication lock boxes;
- Naloxone kits (as well as higher dosages now approved by FDA);
- Safe sex kits, including PrEP resources and condoms;
- Safe smoking kits/supplies;
- Screening and testing for infectious diseases (HIV, HBV, HCV, etc.);
- Sharps disposal and medication disposal kits;
- Substance test kits, including test strips for fentanyl and other synthetic drugs;
- Syringes to prevent and control the spread of infectious diseases;
- Vaccination services (hepatitis A, hepatitis B); and
- Wound care management.

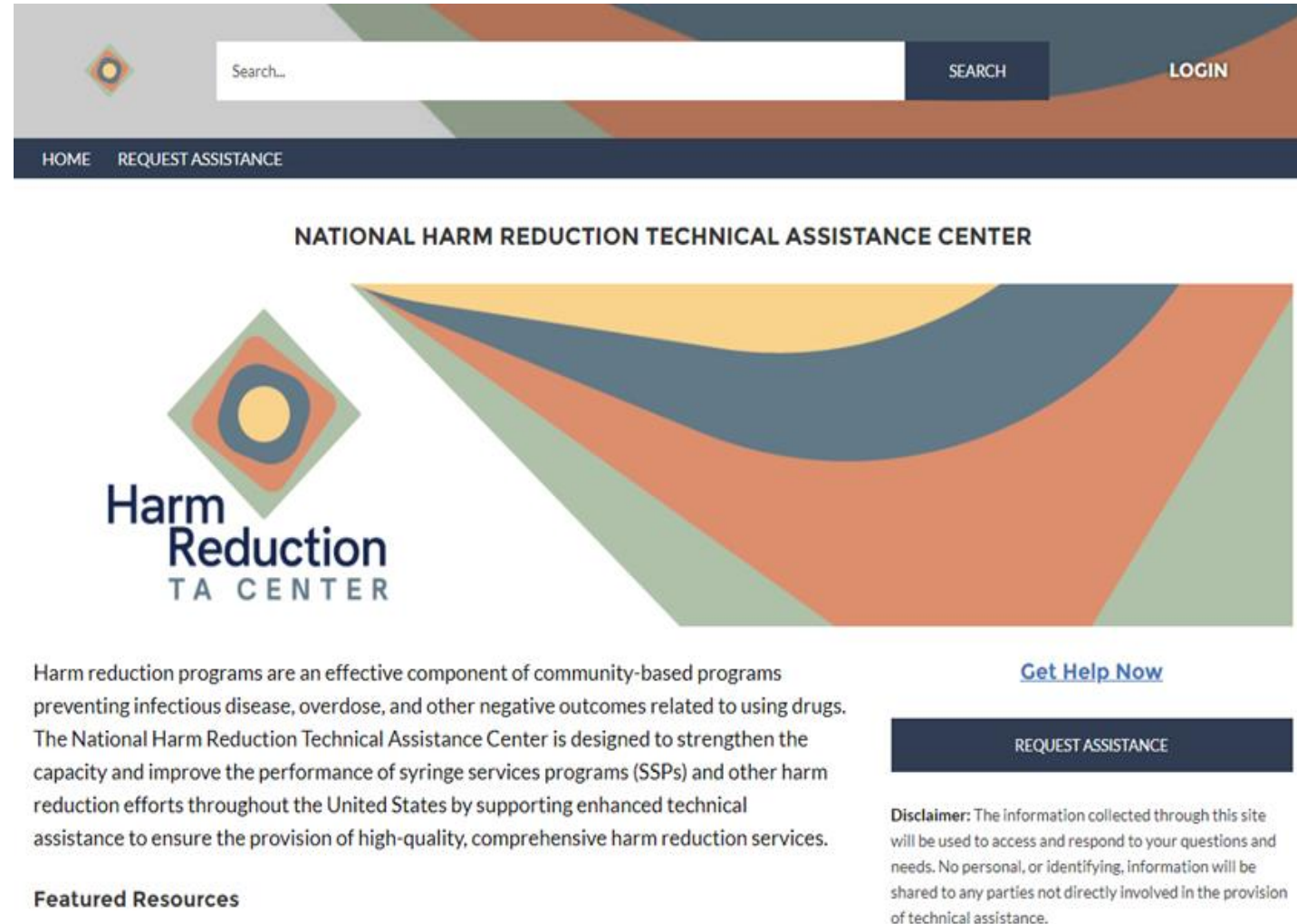
National Harm Reduction Technical Assistance Center

- **Online Technical Assistance (TA) hub for:**
 - SAMHSA and CDC funded recipients
 - Any program seeking TA for harm reduction
- **NHRTAC can help with:**
 - Primary Prevention
 - Overdose Prevention
 - Harm Reduction
 - Syringe Services Programs
 - Basics and Getting Started
 - Program Development, Planning and Sustainability
 - Program Data and Evaluation
 - Integrating Harm Reduction and SUD Treatment
 - Evidence-based Treatment
 - Recovery Support

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harmreductionhelp.cdc.gov



The screenshot shows the homepage of the National Harm Reduction Technical Assistance Center website. At the top, there is a navigation bar with a search bar, a "SEARCH" button, and a "LOGIN" button. Below the navigation bar, the text "NATIONAL HARM REDUCTION TECHNICAL ASSISTANCE CENTER" is displayed. The main content area features a large, colorful graphic with a diamond shape in the center containing a yellow circle. Below the graphic, the text "Harm Reduction TA CENTER" is visible. A paragraph of text describes the center's mission: "Harm reduction programs are an effective component of community-based programs preventing infectious disease, overdose, and other negative outcomes related to using drugs. The National Harm Reduction Technical Assistance Center is designed to strengthen the capacity and improve the performance of syringe services programs (SSPs) and other harm reduction efforts throughout the United States by supporting enhanced technical assistance to ensure the provision of high-quality, comprehensive harm reduction services." Below this text is a "Featured Resources" section. On the right side, there is a "Get Help Now" link and a "REQUEST ASSISTANCE" button. A disclaimer at the bottom right states: "Disclaimer: The information collected through this site will be used to access and respond to your questions and needs. No personal, or identifying, information will be shared to any parties not directly involved in the provision of technical assistance."

HOME REQUEST ASSISTANCE

NATIONAL HARM REDUCTION TECHNICAL ASSISTANCE CENTER

Harm Reduction TA CENTER

Harm reduction programs are an effective component of community-based programs preventing infectious disease, overdose, and other negative outcomes related to using drugs. The National Harm Reduction Technical Assistance Center is designed to strengthen the capacity and improve the performance of syringe services programs (SSPs) and other harm reduction efforts throughout the United States by supporting enhanced technical assistance to ensure the provision of high-quality, comprehensive harm reduction services.

[Get Help Now](#)

REQUEST ASSISTANCE

Featured Resources

Disclaimer: The information collected through this site will be used to access and respond to your questions and needs. No personal, or identifying, information will be shared to any parties not directly involved in the provision of technical assistance.



SAMHSA-ONDCP-CDC collaboration Dec 13 and 16, 2021



**COMING
SOON**

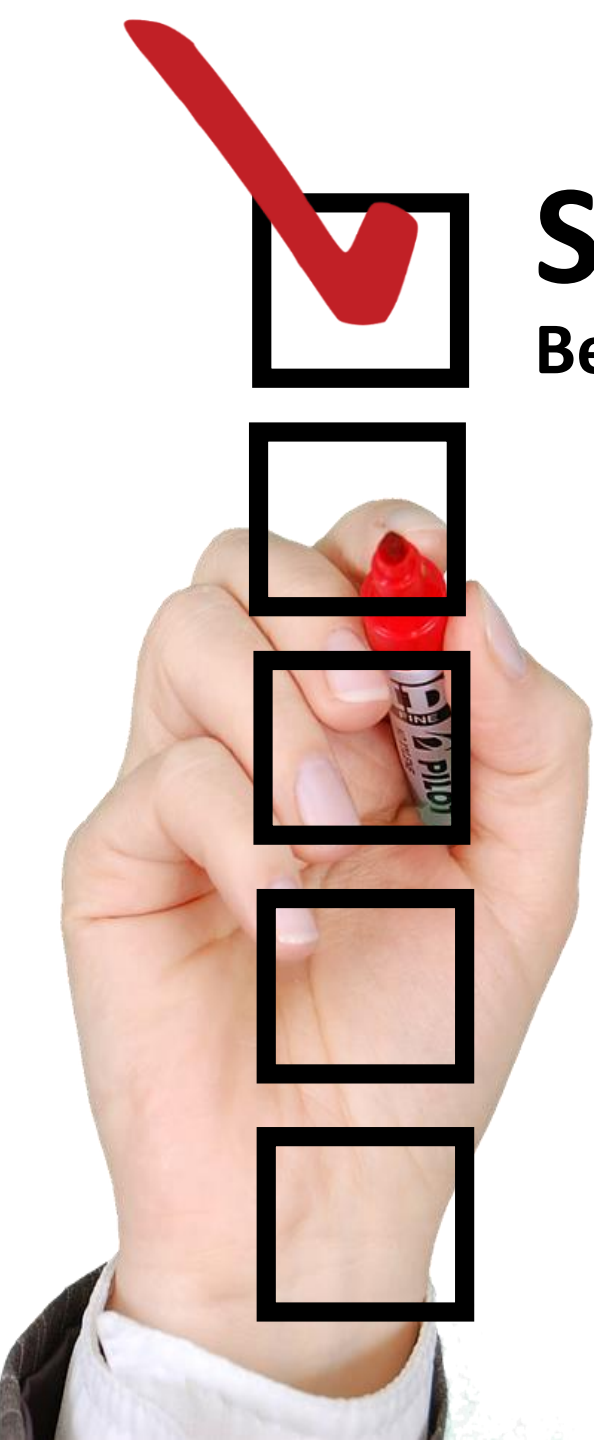


*Draft Framework
for Harm Reduction*

WHAT NOW?



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Substance Abuse and Mental Health
Services Administration



Step 1

Be Purpose Driven

Drug user led
non-punative
Healthcare
Accessible
Collaboration
Recovery
Safety
SDOH
Evidence-based
Equity
Radical love
meet people where they are
non-judgemental
Community
All pathways
Connection
Saves lives
Any positive change
Continuum
Practical
dignity
Person Centered

**To promote mental health,
prevent substance misuse, and
provide treatments and
supports to foster recovery
while ensuring equitable
access and better outcomes.**

SAMHSA REGIONAL DIRECTORS


Region X:
Seattle
 AK, ID, OR, WA
David Dickinson, MA
 206-615-3893
David.Dickinson@samhsa.hhs.gov
 ARA: Lois.Gillmore@samhsa.hhs.gov



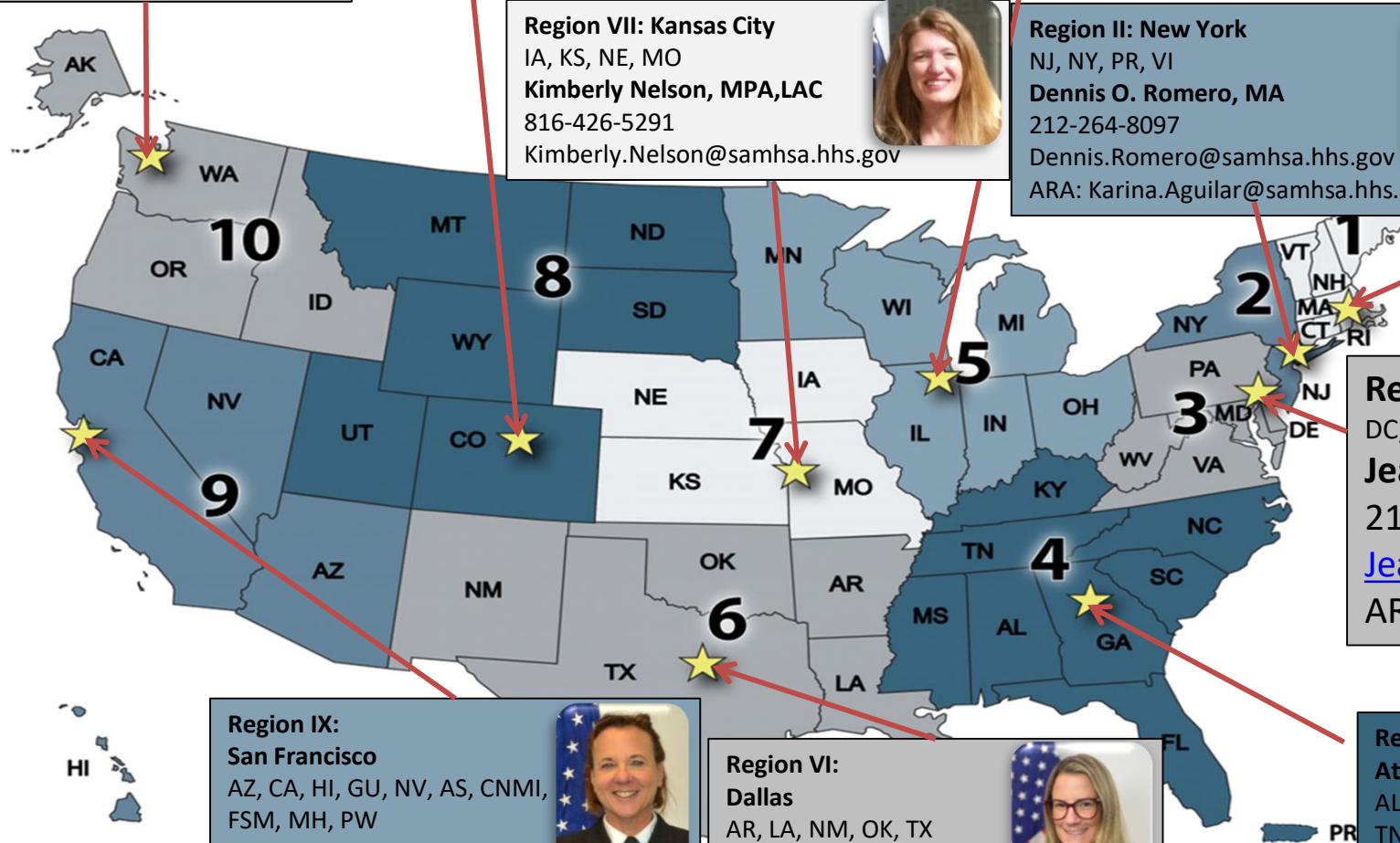
Region VIII:
Denver
 CO, MT, ND, SD,
 UT, WY
Charles Smith, PhD
 303-844-7873
Charles.Smith@samhsa.hhs.gov
 ARA: Traci.Pole@samhsa.hhs.gov




Region V: Chicago
 IL, IN, MI, MN,
 OH, WI
CAPT Jeffrey A. Coady, PsyD
 312-353-1250
Jeffrey.Coady@samhsa.hhs.gov
 ARA: Nadia.Al-Amin@samhsa.hhs.gov




Region I: Boston
 CT, MA, ME, NH, RI, VT
Tom Coderre
 ARA:
Taylor.BryanTurner@samhsa.hhs.gov


Region VII: Kansas City
 IA, KS, NE, MO
Kimberly Nelson, MPA, LAC
 816-426-5291
Kimberly.Nelson@samhsa.hhs.gov




Region II: New York
 NJ, NY, PR, VI
Dennis O. Romero, MA
 212-264-8097
Dennis.Romero@samhsa.hhs.gov
 ARA: Karina.Aguilar@samhsa.hhs.gov



Region III: Philadelphia
 DC, DE, MD, PA, VA, WV
Jean Bennett, PhD
 215-861-4377
Jean.Bennett@samhsa.hhs.gov
 ARA: Jeanne.Tuono@samhsa.hhs.gov



Region IX:
San Francisco
 AZ, CA, HI, GU, NV, AS, CNMI,
 FSM, MH, PW
CAPT Emily Williams, LCSW
 415-437-7600
Emily.Williams@samhsa.hhs.gov
 ARA: Hal.Zawacki@samhsa.hhs.gov



Region VI:
Dallas
 AR, LA, NM, OK, TX
Kristie Brook, MS
 240-276-1447
Kristie.Brooks@samhsa.hhs.gov
 ARA: Traci.Murray@samhsa.hhs.gov



Region IV:
Atlanta
 AL, FL, GA, KY, MS, NC, SC,
 TN
CAPT Michael King, PhD, MSW
 404-562-4125
Michael.King@samhsa.hhs.gov
 ARA: Anthony.Volrath@samhsa.hhs.gov



*ARA: Assistant Regional Administrator

Michael.King@SAMHSA.HHS.GOV

HHS Overdose Prevention Strategy



See who received SAMHSA grants in your state

 U.S. Department of Health & Human Services

SAMHSA

Substance Abuse and Mental Health
Services Administration

[Home](#) | [Site Map](#) | [Contact Us](#)

[Find Help & Treatment](#)

[Grants](#)

[Data](#)

[Programs & Campaigns](#)

[Newsroom](#)

[About Us](#)

[Publications](#)

Addressing the Opioid Crisis

HHS awards over \$1 billion to combat the crisis ravaging our country.

[Learn More](#)

HHS 5-POINT STRATEGY TO COMBAT THE OPIOIDS CRISIS



Better addiction prevention, treatment, and recovery services



Better data



Better pain management

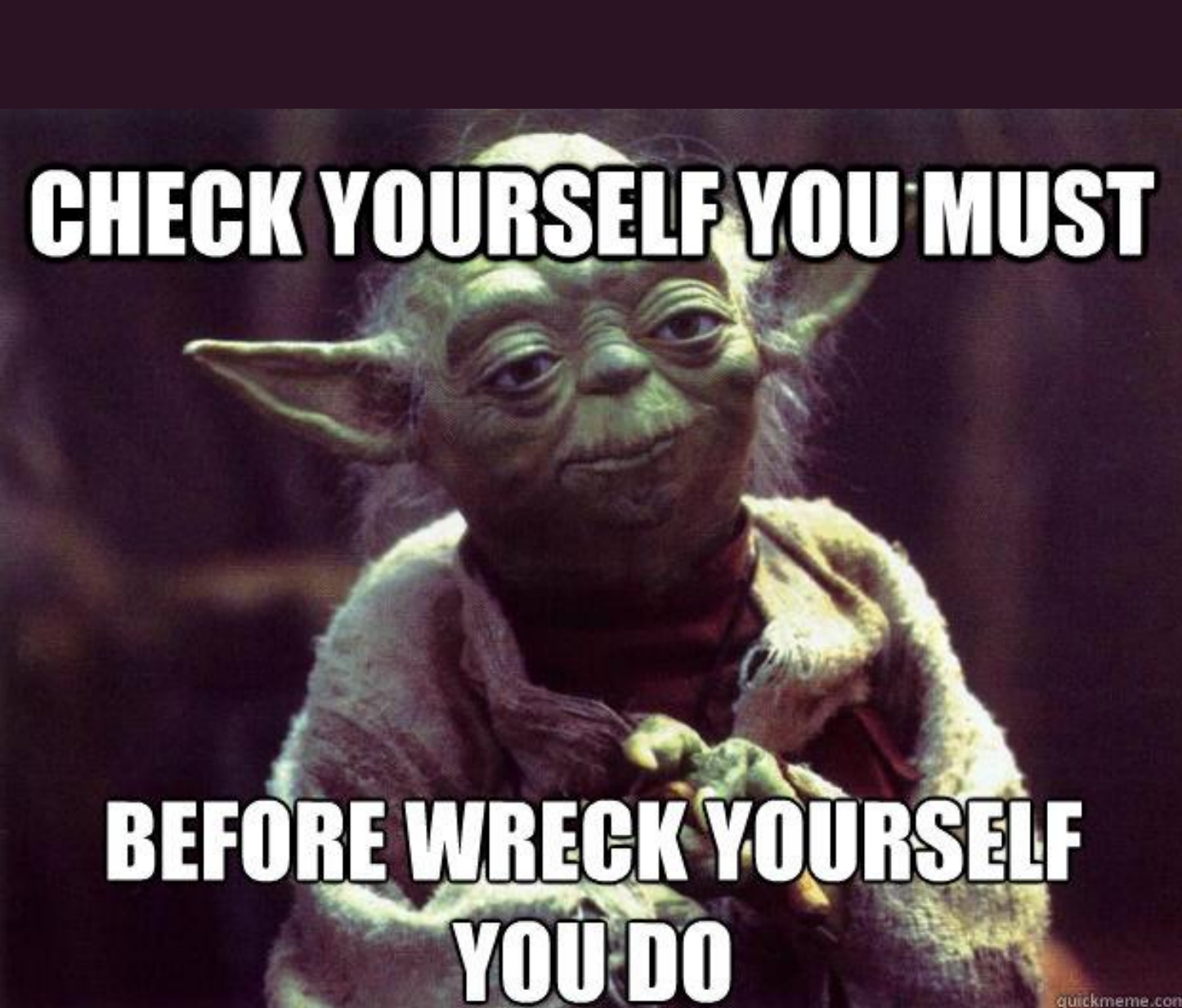


Better targeting of overdose reversing drugs



Better research

 [HHS.GOV/OPIOIDS](https://www.hhs.gov/opioids)



Sound familiar?

Until someone acknowledges their mental illness or substance use, there's not a lot we can do to help them.

Abstinence is a prerequisite for any improvement of functioning of individuals actively using with mental illness.

Rehabilitation efforts are wasted on individuals with mental illness until they have given up alcohol / substance use.

1 SELF CHECK:



**How do you
align attitudes
with your purpose?**



Step 1

Be Purpose Driven

Step 2

Assess Capacity



Inventory your current capacity and best practices

Safer Practices

Education and support describing how to reduce risk, and provision of risk reduction supplies and materials

Examples	SAMHSA Resources
Syringe services programs (also referred to as syringe exchange programs (SEPs) and needle exchange programs (NEPs)	
Safer smoking supplies and kits distribution (excluding pipes/pipettes and other drug paraphernalia)	
Overdose education and naloxone distribution	
Fentanyl test strips, community drug checking sites, and other drug checking	<ul style="list-style-type: none">• MAI Grant – Reproductive health
Integrated reproductive health education, services and supplies, and sexually transmitted infection screening and treatment	

Safer Practices and Safe Settings

Education and support describing how to reduce risk, and provision of risk reduction supplies and materials

Access to safe environments to live, find respite, practice safer use, and receive supports that are trauma-informed and stigma-free

Current Applications	Innovations
Distribution of syringes and naloxone from community-based programs	Offering safe smoking supplies Drug checking education and supplies to prevent accidental fentanyl exposure
Co-location of low-barrier MOUD and HR services programs	Co-location of pharmacist and pharmacy

A Model for Youth Mental Health Organizations



- The level of importance relative to your work (1-5, 1 being minor importance, 5 being very important)
- Your level of proficiency with the topic's information/application (1-5, 1 being none, 5 being a great deal)

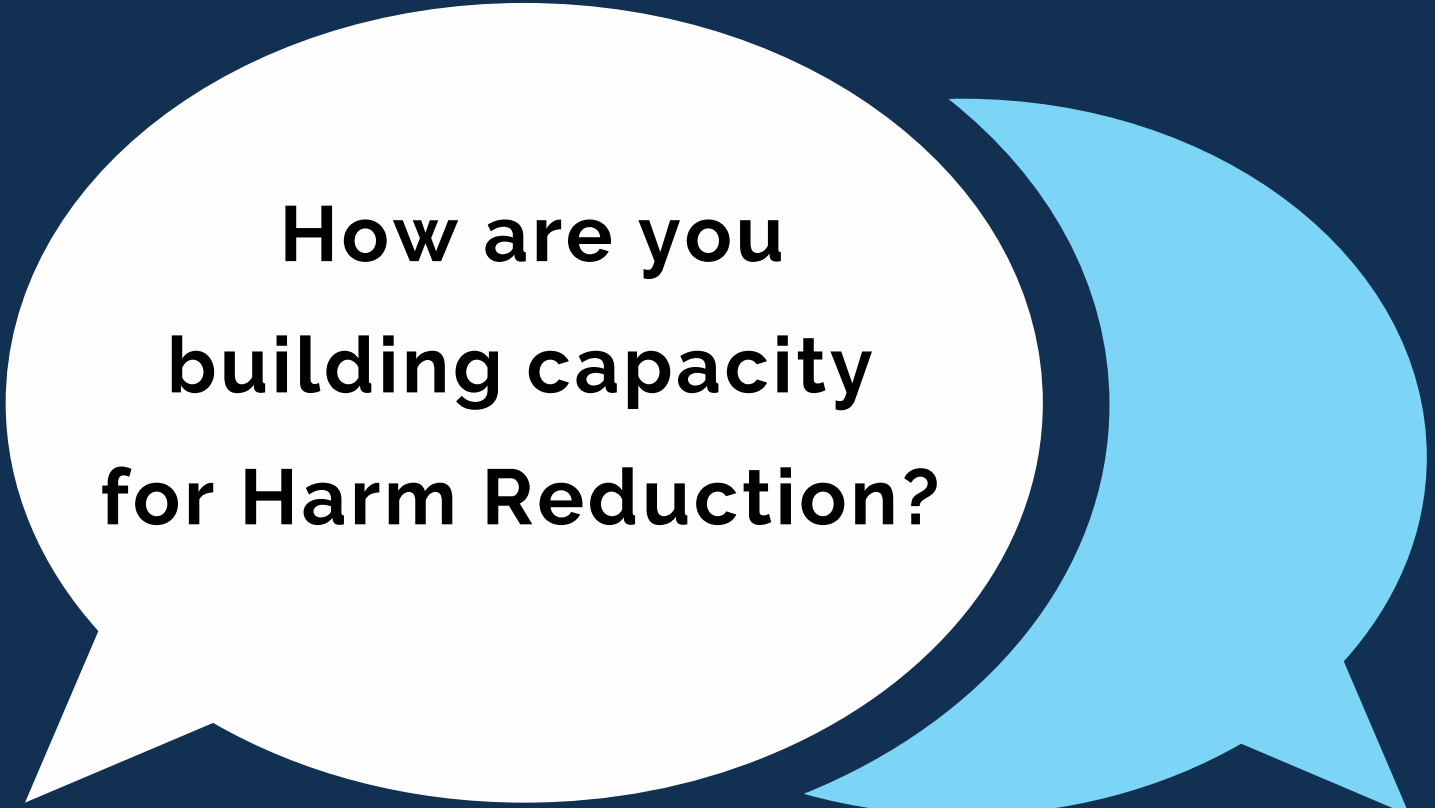
[illegible]

Readiness Assessment for Harm Reduction Vending Machines: A Decision Making Tool for Organizations and Communities

November 2022



2 SELF CHECK:



**How are you
building capacity
for Harm Reduction?**



Step 1

Be Purpose Driven



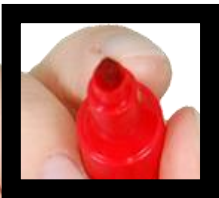
Step 2

Assess Capacity



Step 3

Collaborate



A Guide to SAMHSA's Strategic Prevention Framework



BUILDING POWER AND EQUITY **WITH** PEOPLE WHO USE DRUGS

through access, advocacy,
and action

<https://harmreduction.org/>



**NATIONAL
HARM REDUCTION
COALITION**

HARM REDUCTION TECHNICAL ASSISTANCE STAKEHOLDER ANALYSIS

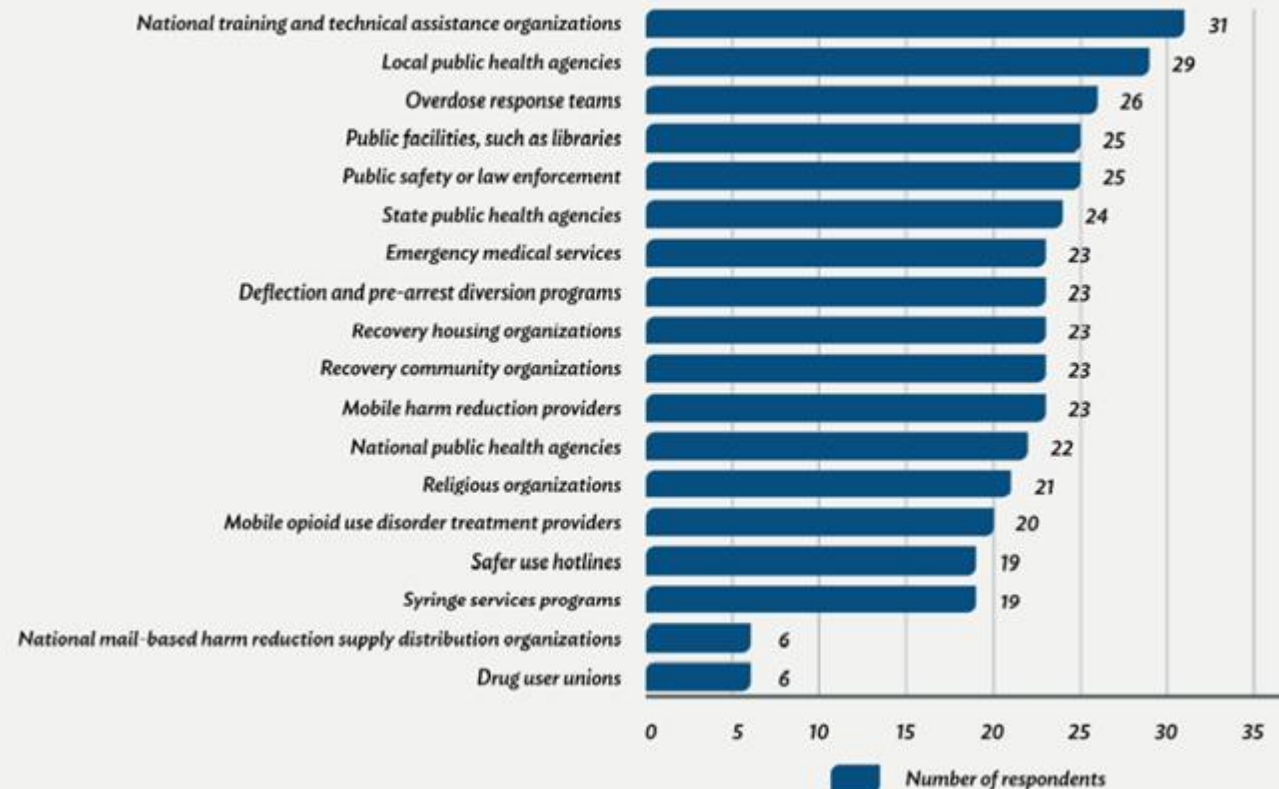
A Summary of Findings

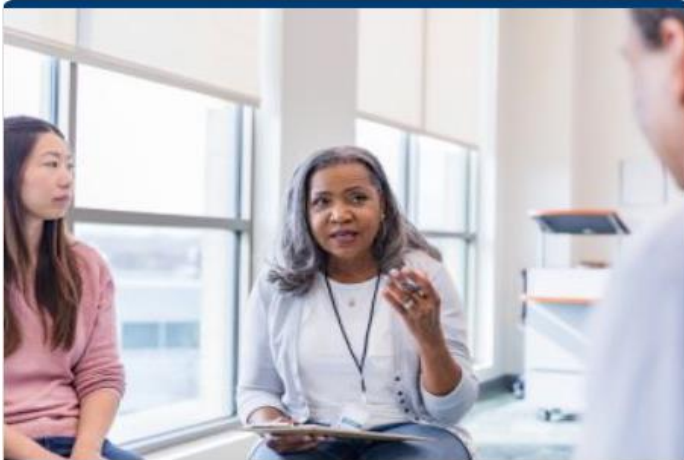
<https://www.thenationalcouncil.org/resources/harm-reduction-stakeholder-analysis-a-summary-of-findings/>

SEPTEMBER 2022

NATIONAL
COUNCIL
for Mental
Wellbeing

Figure 6. Future Partners that will be Engaged to Improve the Health of PWUD (n=94)

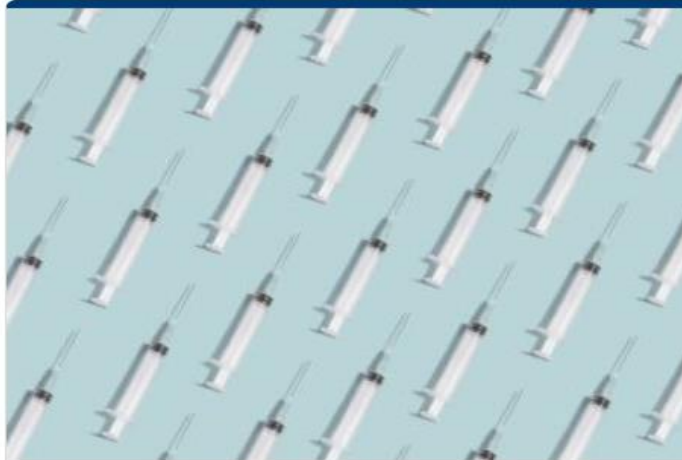




Harm Reduction Community of Practice

NACCHO launched the Harm Reduction Community of Practice (CoP) to increase the...

Feb 01, 2023



SSP Monitoring & Evaluation Advisory Group

The National Association of County and City Health Officials (NACCHO), in...

Feb 01, 2023



Harm Reduction Listserv

To support our growing harm reduction portfolio, NACCHO is launching a new...

Feb 01, 2023

Join the National Network to Eliminate Disparities in Behavioral Health



<https://nned.net/>

News & Events

Opportunities

Connect

Resources

Join the NNED

Accepting Cultures: Preventing Suicide in the Latinx Community

01/27/20

The word "suicide" is charged with emotion. For those whose life has been touched by the suicide of a loved one, it can be a painful reminder of the life, the hopes and the dreams that ended prematurely. And yet for some Latinx families, suicide continues to be a taboo, something that affects only other families, other communities.

[more >](#)



The **National Network to Eliminate Disparities in Behavioral Health (NNED)** is a network of community-based organizations focused on the mental health and substance use issues of diverse racial and ethnic communities. The NNED supports information sharing, training, and technical assistance towards the goal of promoting behavioral health equity.

PARTNER  CENTRAL

connect & network



learn & grow

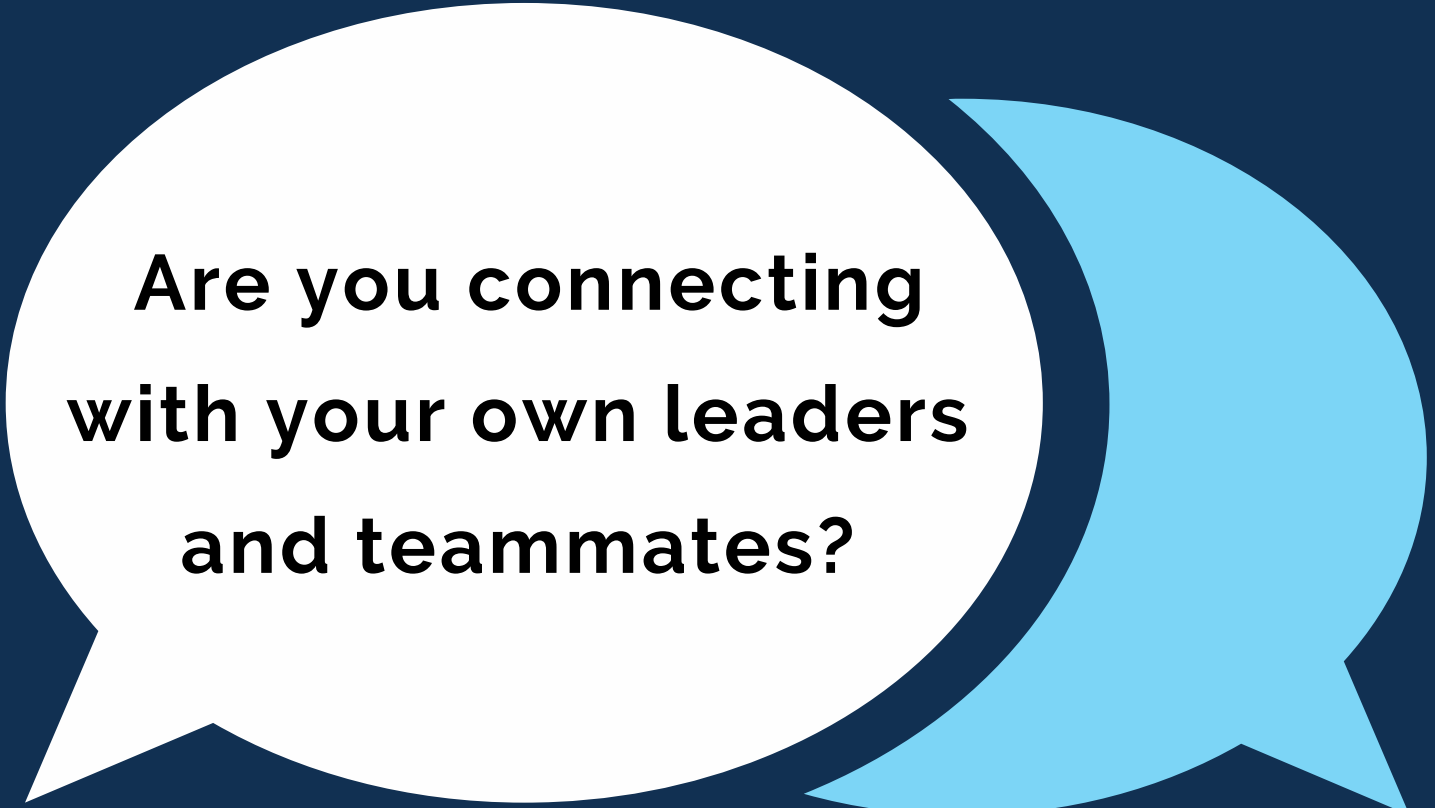
nnEDshare

share & innovate





3 SELF CHECK:



**Are you connecting
with your own leaders
and teammates?**

Step 1

Be Purpose Driven

Step 2

Assess Capacity

Step 3

Collaborate

Step 4

Invest in People



TTC News



TTC Training & Events



TTC Products and Resources



Access online + in-person training, webinars, consultation

Addiction TTC

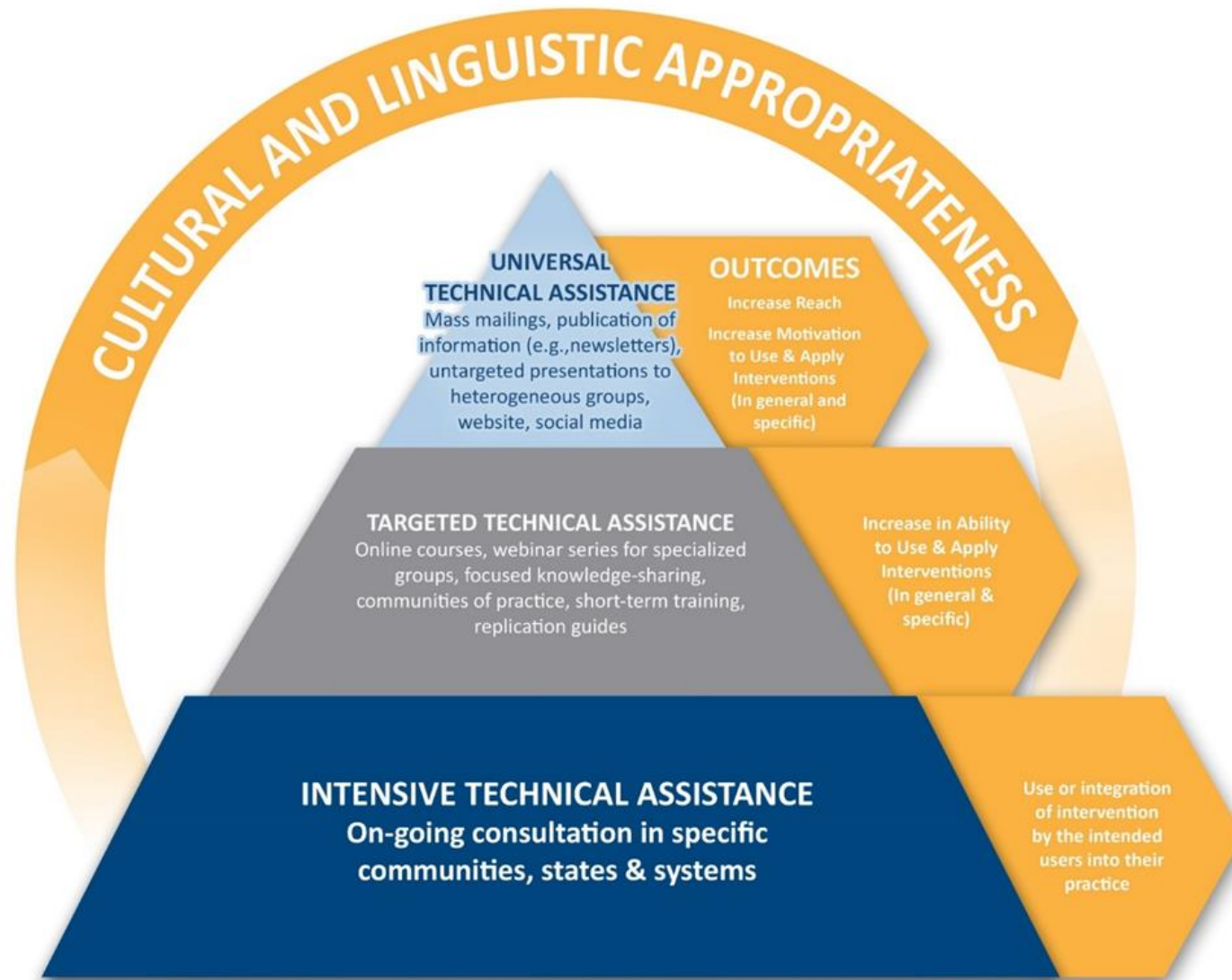
<https://attcnetwork.org>

Mental Health TTC

<https://mhttcnetwork.org>

Prevention TTC

<http://pttcnetwork.org>



<https://techtransfercenters.org/landing>





MISSOURI CREDENTIALING BOARD

HARM REDUCTION TRAINING

4 SELF CHECK:



**How do you invest in
your people?**



Step 1

Be Purpose Driven

Step 2

Assess Capacity

Step 3

Collaborate

Step 4

Invest in People

Step 5

Commit & Persist

Feeling stressed or anxious about the COVID-19 pandemic?

Use these tips to reduce your stress and anxiety:



Limit or avoid news coverage if it causes you more stress and anxiety.



Focus on positive things in your life that you can control.



Keep stress under control by exercising, eating healthy, reading, or by trying relaxation techniques such as yoga.



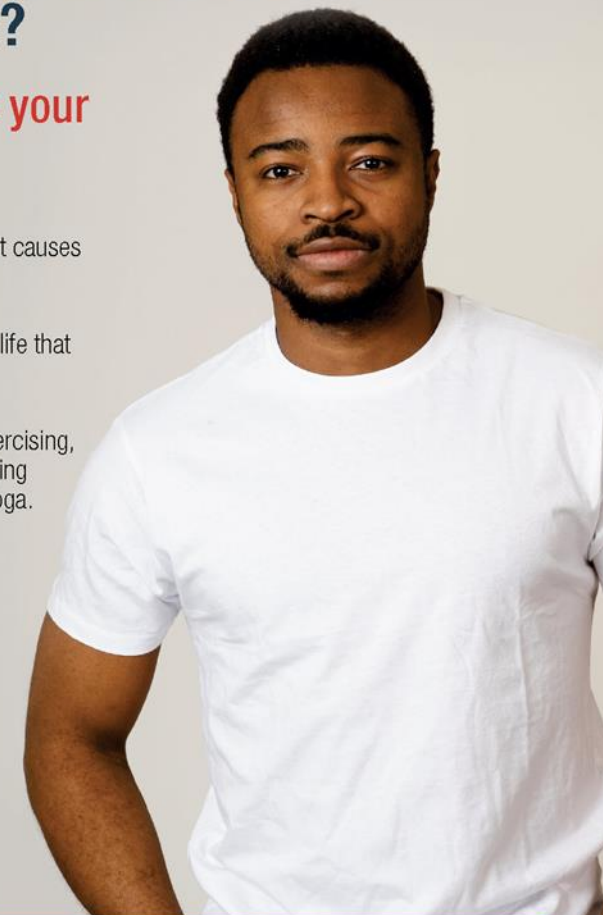
Talk about your experiences and feelings to loved ones and friends, if you find it helpful.



Connect with others who may be experiencing stress about the pandemic.



Take time to renew your spirit through meditation, prayer, or helping others in need.



If you are feeling overwhelmed with emotions such as sadness, depression, anxiety, or feel like you want to harm yourself or someone else, call 911 or the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255).

ADDITIONAL RESOURCES:

The Substance Abuse and Mental Health Services Administration (SAMHSA) Disaster Distress Helpline (DDH) provides counseling and support before, during, and after disasters. Contact the DDH at 1-800-985-5990 or text **TalkWithUs** to 66746.

SAMHSA's National Helpline: 1-800-662-HELP (1-800-662-4357)

SAMHSA
Substance Abuse and Mental Health
Services Administration

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.
1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TTY) • <https://www.samhsa.gov>

PEP20-01-01-015



Emergency Responder Self-Care Plan: Behavioral Health PPE



EMERGENCY RESPONDER SELF-CARE PLAN

Behavioral Health PPE

*Based on the Anticipate.Plan.Deter™ Personal Resilience Plan and PsySTART Responder Triage System.
Reproduced with permission. © M. Schreiber, 2020.*

SOURCES

[CDC Traumatic Incident Stress: Information for Emergency Response Workers](#)

[CDC Coping with a Disaster or Traumatic Event](#)

[CHAMP 5 ways to power your performance with optimism](#)

SAMHSA. (2014). [Tips for Disaster Responders: Preventing and Managing Stress](#). HHS Publication No. SMA-14-4873

Ommeren, M. (2011). [A 1-day Orientation in Psychological First Aid \(PFA\) for First Responders](#). World Health Organization

Schreiber, M. (2014). [Anticipate Plan Deter Responder Resilience System](#).

PREDICT
PROBLEMS

PRESCRIBE
PROTECTION

ENGAGE
YOUR PLAN

STRESS
MANAGEMENT
TIPS

BUDDY
SYSTEM

PFA &
RESOURCES

ASPR TRACIE: Emergency Responder Self-Care Plan: Behavioral Health PPE

<https://howrightnow.org/>

[WHO WE ARE](#)[WHAT WE DO](#)[LATEST NEWS](#)[HOW YOU CAN HELP](#)[DONATE](#)

[Latest News](#) / [Blog](#) / [How Right Now: Getting Resources To Manage Stress, Stay Healthy In COVID-19 Pandemic](#)

How Right Now: Getting Resources To Manage Stress, Stay Healthy In COVID-19 Pandemic

Create a Personal Resilience Plan - Activity

Identify 1 **resilience skill** or strategy you would like to develop.

1. Engaging the support of others
2. Make connections and build your social support network
3. Personal or collective goals
4. Engaging in activities that are meaningful to you
5. Realistic sense of control/having choices - Focusing on what you can control
6. Faith/Spirituality
7. Not easily discouraged by failure and views it as a learning opportunity
8. Strong sense of purpose
9. Accept that change is an unavoidable part of life
10. Sense of humor
11. Optimism

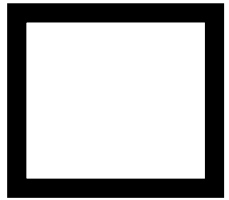
5 SELF CHECK:

**What is within your
control?**

**What do you have
to accept?**

**Change one
thing...
Change
Everything**





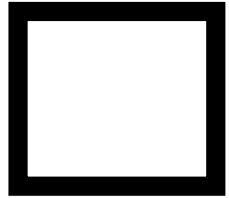
Step 1

Be Purpose Driven



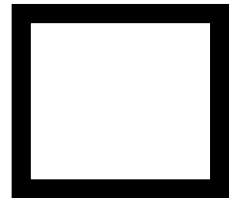
Step 2

Assess Capacity



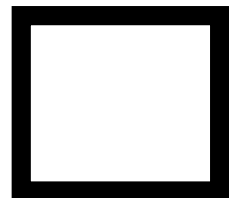
Step 3

Collaborate



Step 4

Invest in People



Step 5

Commit

Thank you

IDEA EXCHANGE

AT THE INTERSECTION: Stories of Research,
Compassion, and HIV Services for People Who Use Drugs

ADDRESSING BARRIERS TO CARE

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