

# FREE Resources

Provided by the Southeast Rural Opioid Technical Assistance  
Regional Center (ROTA-RC)

## Courses

### Overdose Prevention Course

- Take this interactive self-paced course to learn the knowledge to respond to a known or suspected overdose emergency. Available in English & Spanish.

### Stigma on Addiction Course

- In this online course, you will learn about stigma, the impact of it, and tangible ways you can reduce shame and stigma on addiction.



## Webinars

Access our already featured webinars presented by experts in the field:

- Opioid Harm Reduction Strategies
- Opioid Toolkit Training
- Medications for Opioid Use Disorder
- Stigma in the LGBTQIA+ Population & Substance Use
- Overdose Awareness
- Cultivating Personal Wellbeing: Self-care for the Caregivers



## Resources

- Opioid Treatment Facility Map
- Narcan and Fentanyl Test Strip Resource Guide & Map
- Evidence-based resources for prevention, harm reduction, treatment, & recovery efforts
- Downloadable, printable resource tools available in Spanish & English



***To schedule a training at no cost for your organization, please see the "Training" tab on the ROTA-RC website for current training opportunities.***

## Professional Certifications



### Trauma-Informed Harm Reduction Certification

- This self-paced training focuses on the core concepts of trauma-informed harm reduction as an approach that emphasizes engaging directly with people who use drugs to prevent overdose and infectious disease transmission, improve the physical, mental, and social wellbeing of those served, and offer low-threshold options for accessing substance use disorder treatment and other health care services.

### Rebound & Recovery: Opioid Prevention & Well-being for Teens Certification

- An evidence-informed certification enhancing the resilience of middle and high-school-aged youth through evidence-based strategies, including cognitive-behavioral skills. It equips them to manage emotions, thoughts, and actions effectively, adopt healthier habits, and gain education on opioids, their misuse, and impact. The curriculum teaches peer support, preparing them to provide support to peers & better cope with for stress and mental health challenges. It's flexible, with options for quick one-hour lesson or seven one-hour lessons.

***All courses, webinars, & certifications offer continuing education units.***



**Sign up for the ROTA-RC Monthly Newsletter to get the latest news and future events and resources!**

If you are seeking information or resources that are not currently available, please do not hesitate to reach out to us. We are here to help and offer technical assistance to anyone who needs it. Simply send an email to the Assistant Director below.

**FOR MORE INFO, PLEASE CONTACT:**

**Savannah Collier, Assistant Director for ROTA-RC, at [ssmith24@fsu.edu](mailto:ssmith24@fsu.edu) | 850.866.6671 | [serotarcnetwork.org](http://serotarcnetwork.org)**