# PREVENTION MINDED RECOVERY SUPPORTIVE WORKPLACES





The economic toll of the opioid crisis reached nearly \$1.5 Trillion in 2020 alone



### EMPLOYER TOOLKIT WHAT WE DO

The toolkit supports employers by designing and inspiring workplaces that promote prevention and support recovery. Prevention and recovery make sense: healthy people and healthy workplaces are good for productivity, creativity, innovation, and the financial bottom line.

## ON THE JOURNEY TOWARD TOOLKIT IMPLEMENTATION

- Informational sessions
- Flexibility in design
- Technical assistance
- Regular updates

#### PREVENTION & RECOVERY MAKE CENTS

Effective *prevention* could save an estimated **\$18** per **\$1** invested if implemented with fidelity, and employers save **\$8,500** per employee supported in *recovery* 



#### THE PEOPLE

Approximately 75% of the estimated 59.3 million Americans who used illegal drugs in 2020 were employed



#### THE DOLLARS

The cost reported by the congressional commission (\$1.5 trillion) hits US employers in healthcare, worker's comp, turnover, but the single biggest impact: lost productivity & people



#### **MORE DOLLARS**

Per Milliman Cap Group, the most expensive driver related to healthcare costs for businesses is substance use disorder

## PREPARE

Per Bureau of Labor Statistics, 8.1% of the unintentional deaths in the workplace in 2020 were due to overdose.

**Procedure:** Training on signs of overdose and Narcan administration; Narcan on-site

Tools: Increased knowledge & confidence

and Narcan kit(s)

## STOP 2 PREVENT

Per National Retail Federation Survey, 80% of drug abusers steal from the workplace.

**Procedure:** Rethinking workplace medicine storage & disposal

Tools: Storage options, Deterra, drop-off

info and promo

## STOP 3 PROTECT

According to Quest, urine drug test positivity rate is at the highest level since 2004 & is 25% higher than the lowest rate.

**Procedure:** Employer and employee Survey about internal substance use policies

**Tools:** Comprehensive review and recommendations to address new risk areas

## STOP 4 PROMOTE

Per the National Institute for Occupational Safety & Health, stress is the main cause for substance use on the job.

**Procedure:** Certification – Prevention-Minded Recovery-Supportive Workplace

**Tools:** ICARE prevention/recovery training, online-platform treatment, workplace mindfulness and stress modules



#### **ONGOING SUPPORT**

- Small Bite workshops
- · HR highlights
- · Emerging substance issues reports



#### A PREVENTION-MINDED RECOVERY-SUPPORTIVE WORKPLACE MEANS:

- Increased workplace safety
   Reduced stigma and
- Decreased drug and alcohol use on the job
- Policy, practice, and culture consistency
- Reduced expenses (healthcare and worker's comp)
- Reduced stigma and employee stress
- Better quality employees
- Better company reputation
- Reduced confrontations and better morale

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